



**CARPE DIEM TERM II 2021-22**

Dear Parents (Grades III- XII),

Greetings !

The Carpediem program in school is an initiative to help students to pursue their passion and 'Seize the Day'. After the successful completion of 1st Term Carpe Diem we are glad to announce the commencement of 2nd Term Carpe Diem starting from 4<sup>th</sup> October 2021 for grades III to XII.

**DETAILS FOR CARPEDIEM**

The school is offering the following activities for on campus/ hybrid classes under its program.

**All students who are coming to school will be a part of the Carpediem of their choice. Dispersal from school will happen only post Carpediem, at 2:30 pm.**

**Skill Building Activities**

- Dance
- Western Music - Vocal and Instrumental
- Hindustani Classical Music
- Instrumental Music – Indian
- Visual Art - Drawing and Painting
- Visual Art -Craft and Textiles
- Nutrition Education
- Theatre
- Digital Media
- Book Reading - Hindi/English
- Environmental Care
- Abacus (Grades III to V)
- Eureka Club

### **Health & Fitness Activities**

- Chess
- Yoga
- Fitness
- Bhangra (Grades III to V)

### **CARPE DIEM SCHEDULE**

#### **Grade III to Grade V**

- a) Skill building activities will be conducted for Grade III to Grade V on Monday, Wednesday and Friday on campus/hybrid-(1:30-2:15 pm)
- b) Health and Physical Education will be conducted on Tuesday and Thursday- on campus/hybrid (1:30 pm-2:15 pm)

#### **Grade VI to Grade XII**

- a) Skill building activities will be conducted on Tuesday, Thursday on campus/hybrid (1:30 pm-2:15 pm) and Working Saturday (10.00 am to 11.00am)
- b) Health and Physical Education will be conducted on Monday, Wednesday, and Friday- on campus/hybrid (1:30 pm-2:15 pm).

**Please find below the link of Microsoft form to choose new carpe diem activities or to continue with the same in TERM II. Last date to submit the form is September 26, 2021.**

<https://forms.office.com/r/t5TLdzAMVT>

**PLEASE NOTE: - IT IS MENDATORY FOR ALL THE STUDENTS TO FILL THE FORM AND ATTEND THE CARPE DIEM SESSIONS.**

Students, absent during the workshop can refer to the link given below to know the details of the Carpe Diem Activities.

[Grade III TO V Activities description](#)

[GRADE VI TO XII Activities description](#)

Looking forward for more Innovation and creativity through this programme.

Regards,

Ms. Nidhi Tiwari  
Principal  
Ridge Valley School